

The Well Child Exam

One of the foundations of your child's early health care is the Well Child Exam. These routine appointments are scheduled according to your child's growth and development. During this visit, you're encouraged to ask any questions you may have—the Well Child Exam is a great opportunity for you to collaborate with your child's provider.

During the Well Child Exam, you can expect a thorough visit, including an assessment of your child's growth, motor skills, and developmental milestones. We use reliable developmental screeners to identify potential areas of concern early on. These tools help us understand your child's social and communication skills, as well as other key aspects of their development.

We will openly discuss topics such as nutrition, sleep patterns, and address any worries you might have about behavior or social interactions. Immunization schedules are also reviewed and updated to ensure your child is protected against preventable diseases.

Our Well Child Exams are collaborative. We empower parents to actively participate in their child's health journey, and the Well Child Exam is your platform to address specific developmental concerns.

At what ages should your child get their Well Child Exams?

- 3 to 5 days old (The First Week Visit);
- 1 month;
- 2 months;
- 4 months;
- 6 months;
- 9 months;
- 12 months;
- 15 months;
- 18 months;
- 24 months (2 years);
- 30 months (2½ years);
- 3 years; and then,
- Annually, on or about their birthday, until age 21.

